



METRO UNITED SOCCER, AUGUST 3-6, 2026

623.414.9171
crl@skillfulcoach.com

Boys daily from 9:00-11:30am
Girls from 1:00-3:30pm

THE PREMIER SOCCER ACADEMY DEVELOPMENTAL PROCESS

A TOUCH OF CLASS – GAME PLAY TECHNICAL DEVELOPMENT (60 Minutes)

This imaginative instructional program is built on the premise that to become an elite soccer player, one must possess superior technical ability. First touch control and technical mastery is the objective of this comprehensive program. We use performance constraints during game play to improve technique, understanding and to increase degrees of freedom.

ELEVEN BECOME ONE – Team Tactical Camp (90 Minutes)

Our aim is to develop technically and tactically proficient players with the aptitude to interact with teammates to solve problems and achieve success. We use a proven and innovative curriculum of specialized games to help players understand and apply the modern principles of attack, defense, transition, and team cohesion. Each practice is driven by the expansion of these attributes – Eleven Become One.

WHO IS YOUR COACH?

Craig Lange is an American soccer coach who has obtained premier status coaching diplomas and licenses from England, Scotland, Northern Ireland, US Soccer, and the United Soccer Coaches.

Coach Lange currently serves as Executive Director of Football Operations and Professional Teams Head Coach of Reshape FC in the Egyptian League. In his duo leadership role, he is responsible for the professional development of all youth academy players and coaching staff. He has produced and directed instructional programs for players and coaches throughout the United States, Canada, Northern Ireland, England, Scotland, Cyprus, Serbia, Ukraine, Moldova, Kenya, Rwanda, Egypt, and Saudi Arabia.



PLAYER'S NAME

BIRTHDATE

E-MAIL ADDRESS

PHONE NUMBER

REGISTRATION

Individual Player Fee \$135

Venmo Electronic Payment:
@SkillfulCOACH

Make Check Payable:
SkillfulCOACH

Return Application and Payment:

Metro United Soccer
C/O Paul Zilka
6611 Knox Avenue South
Richfield, MN 55423

All proceeds are used to continue our ministry work throughout the big blue soccer sphere.

THANK YOU!